

# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals is available daily				
	Fruit	Toast	Porridge	Fruit	Toast
<b>Lunch</b>	Macaroni cheese and potato wedges	Roast turkey with Mashed potato, cranberry sauce and gravy	Quorn and vegetable pie with new potatoes and gravy	Breaded Fish with mashed potatoes and parsley sauce.	Jacket potato with chilli and cheese
<b>Served with...</b>	Carrots and peas	Broccoli and cauliflower	Green beans and carrots	Peas and sweet corn	Mixed salad
<b>Pudding</b>	Jam sponge and custard	Apple and blackberry crumble and ice cream	Pear turnover and custard	Brownies and chocolate sauce	Treacle sponge and custard
<b>Snack</b>	Fruit	Melon and orange	Vegetable sticks	Grapes and babybel	Snack a jacks
<b>Light Tea</b>	Ham bagels	Cheese wraps	Beef and jam sandwiches	Scrambled egg on toast	Turkey and cheese spread sandwiches
	Dried fruit	Chocolate chip cookie	Apples and pear	Vegetable sticks	Fruit

**(All dietary needs will be met upon request)**

## Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals is available daily				
	Yogurt	Fruit	Toast	cereal	Porridge
<b>Lunch</b>	Beef stew and dumpling	Poached fish and parsley sauce, with mashed potato	Tomato and pepper pasta bake	Roast gammon, roast potatoes	Mixed bean Bolognese and pasta
<b>Served with...</b>	Diced swede and cabbage	Peas and carrots	Garlic bread and sweetcorn	Broccoli and cauliflower	Salad and garlic bread.
<b>Pudding</b>	Bananas and custard	Lemon curd sponge and custard	Butterscotch tart	Vanilla cake and vanilla sauce	Jelly and ice-cream
<b>Snack</b>	Grapes and babybel	Vegetable sticks	Fruit	Oranges and pears	Banana and raisins
<b>Light Tea</b>	Fish finger sandwiches	Spaghetti on toast	Vegetable soup and bread	Sandwiches- jam and cheese	Ham toasties
	Fruit	Yogurt	Short cake biscuit	Dried fruit	Flapjack

**(All dietary needs will be met upon request)**

## Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals is available daily				
	Fruit	Toast	Porridge	Toast	yogurt
<b>Lunch</b>	Sausage and mash with onion gravy	Fish pie	Roast pork with turnip and mash and gravy	Chicken curry, rice and naan bread	Lasagne and wedges
<b>Served with...</b>	Cauliflower and cabbage	Peas and carrots	Roast carrots and parsnips	Sugar snap peas and green beans	Sweet corn
<b>Pudding</b>	Chocolate sponge and chocolate sauce	Cherry crisp Ice cream	Scottish shortbread and Jelly	Fruit salad and ice cream	Blueberry crumble and custard
<b>Snack</b>	Yogurt	Fruit	Melon and grapes	Snack a jacks	Fruit
<b>Light Tea</b>	Tuna and Mayo, cheese spread sandwiches  Cheese straws	Chicken mayo wraps  Vegetable sticks	Beans on toast  Dried fruit	Egg and beef sandwiches  Fruit	Cheese and ham bagels  Oat biscuit

**(All dietary needs will be met upon request)**

## Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals is available daily				
	Porridge	Toast	Fruit	Toast	Yogurt
<b>Lunch</b>	Fish cakes, whole potatoes and parsley sauce	Ham carbonara with garlic bread	Chicken and sweetcorn pie with new potatoes and gravy	Cottage pie	Potato and cheese pie
<b>Served with...</b>	Peas and carrots	Salad and coleslaw	Parsnips and cabbage	Swede and peas	Cauliflower cheese and Broccoli
<b>Pudding</b>	Vanilla sponge and custard	Mandarin oranges with jelly and ice-cream	Angel delight and vanilla biscuit	Spotted dick and custard	Banana bread and whipped cream
<b>Snack</b>	Apple and pears	Vegetables sticks	Banana and grapes	Apple and babybel	fruit
<b>Light Tea</b>	Soup and bread	Cheese toasties	Ham and tuna sandwiches	Chicken and cheese sandwiches	Beans on toast
	Dried fruit	Shortbread biscuit	Snack a jacks	Fruit	Flap jack

**(All dietary needs will be met upon request)**